

<b>General Information</b>	<p>You may receive a phone call from the admissions department explaining:</p> <ul style="list-style-type: none"> <li>• Estimated costs and insurance benefits, deposits and co-payments</li> <li>• Advance Directive: Review of the medical treatment you desire if you become unable to make medical decisions</li> </ul>	<p>Let your doctor know:</p> <ul style="list-style-type: none"> <li>• If you're unable to keep your surgery appointment</li> <li>• If you develop: cold, fever, sore throat, diarrhea , ect.</li> </ul>
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<b>Pre-Surgery Clinic</b>	<p>A nurse will contact you to:</p> <ul style="list-style-type: none"> <li>• Review your health history</li> <li>• Confirm that all tests ordered by the physician have been completed</li> <li>• Review Pre-operative instructions</li> <li>• Schedule an appointment with a Nurse Practitioner or Anesthesia should your medical condition warrant such a visit</li> <li>• Appt. Date: _____</li> </ul>	<p>Make certain that you:</p> <ul style="list-style-type: none"> <li>• Get all labs, tests, EKG prior to your Pre-Surgery appointment.</li> <li>• Have a medication list ready, you may use the attached form if needed</li> </ul> <p>Special Instructions: _____ _____ _____</p>
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<b>Day Prior to Surgery</b>	<p>Procedure times are not secured until the night before your scheduled procedure. A nurse will call you the day before surgery. If you do not receive a call by 4:00pm please call: 239-1251 (4pm-5pm) or House Supervisor at 239-1000 after 5pm.</p> <ul style="list-style-type: none"> <li>• DO NOT EAT OR DRINK AFTER MIDNIGHT.</li> <li>• Shower the night prior to surgery</li> <li>• Make arrangements for transportation home after surgery</li> </ul>	<p><input type="checkbox"/> OUTPATIENT</p> <p><input type="checkbox"/> INPATIENT</p> <p><input type="checkbox"/> RMSC OUTPATIENT</p>
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<b>Day of Surgery</b>	<p>Arrive 2 hours prior to your scheduled surgery time. The nurse calling from the hospital the day prior will confirm the time that you are to be at the facility</p> <ul style="list-style-type: none"> <li>• Wear loose fitting clothing &amp; comfortable shoes</li> <li>• Bring your medication list</li> <li>• Bring any paperwork that your physician requested you bring on your day of surgery</li> <li>• Bring: Insurance cards, ID and co-payment (if applicable)</li> </ul>	<ul style="list-style-type: none"> <li>• If this is a child's surgery bring child care items: diapers, blanket, toy, sippy cup, bottles</li> <li>• Leave all valuables home</li> <li>• Do not wear jewelry, nail polish, make-up or perfume.</li> </ul>
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<b>Immediately Before Surgery</b>	<p>Pre-op nurse, doctor and anesthesiologist will review health history, procedures and anesthesia with you. Please ask any questions that you have at anytime, we encourage you to do so.</p>
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<b>Going Home</b>	<p>You are required to have a responsible adult drive you home and it is recommended that someone be available to assist you at home for 24 to 48 hours after surgery.</p> <ul style="list-style-type: none"> <li>• At home instructions will be reviewed with you at discharge. It is important that these instructions are understood and followed. Please ask questions if you do not understand your instructions.</li> </ul>
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Thank you for choosing Portneuf Medical Center! You will receive a follow-up survey after your visit. These are valuable tools that allow us to be the very best we can be, please take the time to complete the survey.